

**HIMACHAL PRADESH  
PUBLIC SERVICE COMMISSION**

**PRESS NOTE**

**Dated, Shimla-171002, the 08<sup>th</sup> January, 2019**

It is for information of all the concerned who have qualified the (Main) Written Examination-2017 for the posts of Range Forests Officer (RFO) in the Department of Forest, H.P. held from 22-07-2018 to 30-07-2018 that the Commission has decided to conduct the **Physical Standard / Test on 18<sup>th</sup> and 19<sup>th</sup> January, 2019** as per detail given below:-

<b>Name of Test</b>	<b>Date &amp; Timings of Test</b>	<b>Venue/ Route</b>
1. Physical Standard	18-01-2019 10.00 AM onwards	H.P.P.S.C. Examination Hall
2. Physical Test Covering Distance	19-01-2019 11.00 A.M onwards	Route will be decided / informed to concerned candidates on the day of physical test.

**PHYSICAL STANDARD**

	<b>Height (cm)</b>	<b>Chest girth (cm)</b>	
		Normal	Expansion
Male candidates	163	79 cm	05 cm
Female candidates	150	74 cm	05 cm

The following minimum height standard is allowed in case of candidates belonging to scheduled Tribes and races such as Assames, Garhwalis, Kumaonis, Ladakhes, Mizo Naga, Sikkimese and those from Arunachal Pradesh, Lahaul & Spiti and Meghalya.

Male candidates: 152 Cms.	Female candidates: 145 Cms.
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**PHYSICAL TEST COVERING DISTANCE ON FOOT**

Male	25 Kms. in 4 Hours
Female	16 Kms. in 4 Hours

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No separate intimation / call letter will be issued to the concerned candidates. However, they will be intimated through respective contact Nos. / e-mail IDs / SMSes given by them on their Online Recruitment Application(s). As such candidates are advised to appear for the said Tests on the date, time and venue mentioned above.

The candidates are advised to contact on Telephone No. **0177-2624313** and **Toll free No.1800-180-8004** on any working day during office hours for any enquiry in this regard.

Sd/

(Ekta Kapta) HAS,  
Secretary,  
H.P. Public Service Commission  
Phone No. 0177-2623786