

# **Annexure –I**

## **Syllabus of written test**

### **Bridge Programme for Certificate in Community Health (BPCCH)**

#### **Foundations of Community Health**

1. Introduction to Public Health and Epidemiology
  - a. Concepts Of Community Health
  - b. Health Care Planning and Organisation of Health Care at Various Levels  
Environmental Health and Sanitation.
  - c. Introduction to Epidemiology-Epidemiological Approaches and Processes
  - d. Demography, Surveillance and Interpretation Of Data
  - e. Bio-Medical Waste Management and Infection Control
  
2. **Nutrition**
  - a. Introduction to Nutrition and Nutritional Assessment
  - b. Nutrition During Pregnancy and Lactation  
Nutrition For Infant, Child, Adolescent And Elderly
  - c. Nutritional Deficiency Disorders
  - d. Food Borne Diseases And Food Safety
  
3. **Communicable Diseases and Management Under National Health Programme**
  - a. Epidemiology of Specific Communicable Diseases
  - b. Communicable Diseases 1 – Vector Borne Diseases
  - c. Communicable Diseases 2 – Infectious Diseases
  - d. Communicable Diseases 3 – Zoonotic Diseases
  
4. **Non-Communicable Diseases and Management Under National Health Programme**
  - 1 Epidemiology of Specific Non-Communicable Diseases
  - 2 Non-Communicable Diseases-1
  - 3 Non-Communicable Diseases-2
  - 4 Occupational Diseases and their Prevention
  - 5 Mental Health and Substance Abuse Disorders
  - 6 Elderly Care
  
5. **Communication, Management and Supervision**
  - 1 Behaviour Change Communication Skills and other Soft Skills
  - 2 Work Management and Administration
  - 3 Leadership, Supervision and Monitoring
  - 4 Health Management Information System
  - 5 Financial Management, Accounts and Computing at Sub-Centre
  - 6 Records and Reports

## **Primary Health Care in Common Conditions**

### **1. Management of Common Conditions and Emergencies Including First Aid**

- 1 Common Conditions-1- Gastro Intestinal System
- 2 Common Conditions-2- Respiratory System
- 3 Common Conditions-3- Heart, Urinary System and Blood Disorders
- 4 Common Conditions-4- Eye, Ear, Nose and Throat
- 5 First Aid in Common Emergency Conditions
- 6 Disaster Management

### **2. Maternal Health**

- 1 Introduction to Rmnch+A Programme
- 2 Antenatal Care
- 3 Intranatal Care
- 4 Early Identification, Management and Referral of Complications
- 5 Postpartum Care

### **3. Reproductive Health and Adolescent Health**

- 1 Gynaecological Conditions
- 2 Family Planning Methods, Spacing Techniques and Counselling
- 3 Medical Abortion and MTP Act
- 4 Counselling in Reproductive and Sexual Health Including Problems of Adolescents
- 5 Management of Teenage Pregnancies

### **4. Newborn and Child Health Care**

- 1 Essential Care of New Born at Birth
- 2 Management of Common Neonatal and Child Health Problems
- 3 Integrated Management of Neonatal and Childhood Illness
- 4 Introduction to Rashtriya bal Swasthya Karyakaram
- 5 Universal Immunisation Programme (UIP)

### **5. Overview of Common Surgical Conditions**

- 1 Common Surgical Conditions-1
- 2 Common Surgical Conditions-2
- 3 Congenital Malformations
- 4 Screening for Common Cancers

### **6. Essential Drugs**

- 1 Essential Drugs-1
- 2 Essential Drugs-2
- 3 Essential Drugs-3