NHM Maharashtra Community Health Officer Exam Pattern

Examination Type	Subject Names	Number Of Questions	Maximum Marks
Objective Type	Basic concepts of Public Health, Basics of Human Body, Child Health, Adolescent Health, Maternal Health, Family planning, Communicable Diseases, Non-communicable Diseases, Nutrition & skill	50	100

NHM Maharashtra Community Health Officer Syllabus - Topic Wise

Communicable & Non-communicable Diseases

- Cardiovascular Disease (CVD)
- Chronic obstructive pulmonary disease (COPD)
- Diabetes mellitus type 2
- Lower back pain
- Malnutrition
- Skin cancer
- Obesity
- diabetes
- chronic kidney disease
- osteoarthritis
- osteoporosis
- Alzheimer's disease

Child Health

- Cellular and Molecular Therapy
- Abuse in pregnancy
- Anemia

- Cardiomyopathy
- Attention-Deficit / Hyperactivity Disorder
- Autism
- Autosomal recessive lysosomal storage disease
- Hearing loss
- HIV
- Hypertension
- Hypovolemic shock
- Lactation support
- Angelman syndrome
- Learning disorders
- Leukemia
- Cancer
- Hematology
- HIV
- Cardiogenic shock
- Hematology
- Clinical Trials
- Hepatology
- Cognitive impairment
- Hemophilia
- Vision loss

Maternal Health

- Maternal Health, HIV, and AIDS.
- Global Maternal Health Workforce
- Antenatal Care.
- Family Planning and Maternal Health.
- Preterm Birth.
- Maternal and Newborn Health Integration.
- Perinatal Mental Health.
- Malaria in Pregnancy.
- Postnatal Care.
- Quality of Maternal Health Care.
- Respectful Maternity Care.
- Maternal Health in the United States.

Family Planning

- Contraceptive services
- Pregnancy testing and counseling
- Pregnancy–achieving services including preconception health services
- Basic infertility services
- Sexually transmitted disease services
- Broader reproductive health services, including patient education and counseling

- Breast and pelvic examinations
- Breast and cervical cancer screening
- Sexually transmitted infection (STI)
- Human immunodeficiency virus (HIV)
- prevention education, counseling, testing, and referral