

## NHM Assam CHO Exam Pattern

Type of Exam	Subject Name	No.of Questions	No.of Marks	Time Duration
Objective Type	Child Health	50	100	2 Hours
	Adolescent Health			
	Maternal Health			
	Family planning			
	Communicable & Non-communicable Diseases			

## NHM Assam CHO Syllabus-Topic Wise

### Maternal Health

1. Antenatal Care
2. Postnatal Care
3. Preterm Birth
4. Global Maternal Health Workforce
5. Maternal Health in the United States
6. Perinatal Mental Health
7. Family Planning and Maternal Health
8. Maternal and Newborn Health Integration
9. Maternal Health, HIV and AIDS
10. Malaria in Pregnancy
11. Quality of Maternal Health Care
12. Respectful Maternity Care

### Child Health

1. Anemia
2. Cardiomyopathy
3. Abuse in pregnancy
4. Attention-Deficit / Hyperactivity Disorder
5. Autosomal recessive lysosomal storage disease
6. Cellular and Molecular Therapy
7. HIV
8. Hypertension

9. Autism
10. Hearing loss
11. Angel man syndrome
12. Leukemia
13. Lactation support
14. Hematology
15. Hypovolemic shock
16. Cardiogenic shock
17. Cancer
18. Clinical Trials
19. HIV
20. Cognitive impairment
21. Hematology
22. Vision loss
23. Hematology
24. Hemophilia
25. Learning disorders

### **Communicable & Non-communicable Diseases**

1. Diabetes mellitus type 2
2. Cardiovascular Disease (CVD)
3. Chronic kidney disease
4. Malnutrition
5. Osteoporosis
6. Chronic obstructive pulmonary disease (COPD)
7. Obesity
8. Lower back pain
9. Skin cancer
10. Diabetes
11. Osteoarthritis
12. Alzheimer's disease

### **Family Planning**

1. Contraceptive services
2. Pregnancy-achieving services including preconception health services
3. Sexually transmitted disease services
4. Pregnancy testing and counseling
5. Sexually transmitted infection (STI)

6. Basic infertility services
7. Human immunodeficiency virus (HIV)
8. Broader reproductive health services, including patient education and counseling
9. prevention education, counseling, testing, and referral
10. Breast and cervical cancer screening
11. Breast and pelvic examinations

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